

Healthy Lifestyle Course (HLTH1010)

Arrangement for Students Who Enrolled HLTH1010 in 2024-25

Dear Students,

If you need to complete the HLTH1010 as your graduation requirement and have already enrolled the course in 2024-25, please contact our course advisor by email to hlstyle@ust.hk or call 2358-8586 for further arrangement.

Best,
Carmen TSUI
Senior Manager (Sports)
Sports Development
DSTO